



August 28, 2020

Greetings,

This community resource compilation has been put together for Chiefs, Health Directors, Health Leads and First Nations community members to ensure access to timely and helpful information.

Please share the following links and resources as widely as possible. Materials can be shared in community newsletters, printed and distributed, or shared among leadership and health care providers.

Public Health Notices and Articles

Recent shareable resources:

- [The Medicine of Resilience](#) (fact sheet) | [The Medicine of Resilience](#) (printable fact sheet)
- [Accessing contraception, abortion and sexually transmitted infection services during COVID-19](#) (fact sheet) | [Accessing contraception, abortion and sexually transmitted infection services during COVID-19](#) (printable fact sheet)
- [Sex in the Time of COVID-19](#) (fact sheet) | [Sex in the Time of COVID-19](#) (printable fact sheet)
- [Should You Take Your Child to the Doctor During COVID-19?](#) (fact sheet) | [Should You Take Your Child to the Doctor During COVID-19?](#) (printable fact sheet)
- [COVID-19 Community Staff Safety Guidelines Training](#) (guide) | [COVID-19 Community Staff Safety Guidelines Training](#) (customizable word document)
- [First Nations Virtual Doctor of the Day: "Your culture. Your comfort. Your care."](#) (poster 1)
- [First Nations Virtual Doctor of the Day: "Your wellness. Your way."](#) (poster 2)

Podcast:

- (Podcast) [What Does Phase 3 Mean for First Nations?:](#) In this edition of the FNHA COVID-19 podcast, Acting Chief Medical Officer Dr. Shannon McDonald and Media Relations Specialist John Moody discuss BC's Phase 3 pandemic response: what does it mean, and what can First Nations people do to stay safe and support each other?



We encourage everyone to check our website frequently for up-to-date information. Get the latest COVID-19 news from FNHA here: <https://www.fnha.ca/about/news-and-events>

FNHA's COVID-19 Web Portal can be found here: www.FNHA.ca/coronavirus

The FNHA created the COVID-19 web portal to help community members, First Nations leadership and health care providers in accessing the information needed to keep themselves and others safe.

For the most relevant information, including FAQs for community members and FAQs for health care providers, visit one of our three COVID information pages:

- [Information for First Nations individuals](#)
- [Information for health professionals](#)
- [Information for community leaders](#)

Free Webinar on Climate Health Action Planning for First Nations

The FNHA is hosting regional webinars on Indigenous Climate Health Action: How to Adapt, Plan and Inspire. The FNHA's Climate Change and Health Specialist Paivi Abernethy will be presenting this topic, followed by a Q+A session. [Learn more and register here.](#)

FNHA's e-newsletters

You can sign up for the FNHA's e-newsletter to ensure you get regular updates and information here: <https://www.fnhanewslettersignup.ca/>

FNHA App

Stay updated on COVID-19, Health Benefits updates and more with the new FNHA App. [Learn more.](#)

**In health and wellness,
The First Nations Health Authority Communications Team**