



October 8, 2020

Greetings,

This special edition of the community resource compilation has been put together for Chiefs, Health Directors, Health Leads and First Nations community members to support conversations about COVID-19 testing and to promote kindness.

### **Leadership Messages: Lateral Kindness and COVID-19 Testing**

These FNHA messages can be used as a reference tool to support leaders who may be asked questions about COVID-19 testing. They can help leaders to have supportive and kind conversations about testing in order to reduce stigma within their communities and to promote awareness of the importance of testing.

- (Key message bank and conversation guide) [Lateral Kindness and COVID-19 Testing Key Messages](#)

### **COVID-19 Testing and Anti-Stigma Resources for Community Members**

The following are resources developed by the FNHA and the Province of BC to raise awareness of the importance of testing and to end stigma around testing.

Please share the following resources as widely as possible. Materials can be shared in community newsletters, printed and distributed, or shared among leadership and health care providers. PDFs of these resources are also attached to the email.

- (Poster) [COVID-19 Kindness Poster](#)
- (Fact sheet) [Anti-Stigma and COVID-19](#) | (printable fact sheet) [Anti-Stigma and COVID-19](#)
- (Blog post from FNHA CMO Dr. Shannon McDonald) [Practise Lateral Kindness to Help Reduce Stigma and Fear of COVID-19](#)
- (Message from PHO Dr. Bonnie Henry) [No Boundaries with COVID-19](#)
- Visit the BC Centre for Disease Control's site for general information on getting tested for COVID-19: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/testing>



**FNHA's COVID-19 Web Portal can be found here: [www.FNHA.ca/coronavirus](http://www.FNHA.ca/coronavirus)**

**In health and wellness,  
The First Nations Health Authority Communications Team**