

August 10, 2021

TAHLTAN NATION COVID-19 EMERGENCY MANAGEMENT UPDATE

The Tahltan Nation COVID-19 Emergency Management Team (TNCEMT) met today and would like to inform the Tahltan Nation that there are now **zero active COVID-19 cases in our three communities.**

As a result, effective immediately we are back to Stage 3 of the Provincial Government's Restart Plan.

With this said, we are witnessing an uptick in BC COVID-19 infections, in particular in the Okanagan region. We must remain vigilant and resolute in our fight against COVID-19; therefore, to ensure the health and wellbeing of everyone in Territory, please follow these measures:

- Physical Distancing;
- Wear A Mask;
- Wash Hands Regularly: Wash your hands with soap for 20 seconds or more. Soap is the best-known remedy for killing this virus so wash frequently;
- Cough or Sneeze Into Your Elbow or a Tissue: Cover your mouth and nose with a tissue when you cough or sneeze. Put your tissue in a waste basket. If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands;
- Don't Touch Your Face: Don't transfer the virus into your body by touching your eyes, nose or mouth;
- If you have the slightest of symptoms stay home and contact the health centre; and
- If you get tested for COVID-19 stay in isolation until negative lab results.

VACCINES

It is not too late to get your COVID-19 vaccine!

While some people may still get COVID-19 after they have been vaccinated, all vaccines have been shown to have a high level of protection against serious COVID-19 illness and death.

More COVID-19 vaccine clinic dates have been added at Stikine Health Centre.

Youth seeking vaccine appointments can call at 250-771-4444 to be booked into a future clinic.

ENDS