

September 29, 2021

## **TAHLTAN NATION COVID-19 EMERGENCY MANAGEMENT UPDATE**

The Tahltan Nation COVID-19 Emergency Management Team (TNCEMT) met today and would like to inform the Tahltan Nation that four individuals have tested positive for COVID-19 in two of our three communities. We expect the number of positive cases to likely rise.

**To get this under control and limit the number of positive cases, everyone needs to pull together and commit to the following effective immediately:**

- **Limit your movements** to allow contact tracing to be completed;
- **Remain within your personal bubble**, unless you must go to work, or you are going onto the land to exercise with those in your household (people you live with); avoid non-essential travel (masks, sanitizing and six feet distancing) if outside of your bubble;
- **Do not visit other communities;**
- **Wear a mask** - masks are mandatory inside all community/public spaces;
- **Limit number of times you go to high traffic** areas such as the store or post office (masks, sanitizing and six feet distancing);
- **Wash your hands frequently:** Washing your hands with soap for 20 seconds or more is the best-known remedy for killing COVID-19 virus, so wash frequently; use hand sanitizer when soap and water is not readily available;
- **Cough or sneeze into tissue or elbow:** Cover your mouth and nose with a tissue when you cough or sneeze. Put your tissue in a waste basket. If you don't have a tissue, cough or sneeze into your sleeve, not your hands;
- **Do not touch your face:** Wash your hands prior to touching your face to avoid transferring the virus into your body through your eyes, nose or mouth; and
- **Feeling unwell, stay home:** If you have the slightest of symptoms (runny nose, fever, cough, flu-like symptoms) stay home and contact the local health centre or EMC for a PCR test prior to entering the community:

Antigen (asymptomatic testing) is available, by appointment, during regular business hours by calling the following:

**People's Haven in Dease Lake**

(250) 771-5577

**Iskut Band Office**

(250) 234-3331

**CHR @ Telegraph Creek**

(250) 235-3047

In addition, please be advised that discussions are underway whereby **Newcrest/Red Chris will be assisting our EMC to provide widespread testing to each of our three communities.** More information to follow.

**IMPORTANT REMINDER:** Just because you are vaccinated does not mean you are not at risk. In addition, children do carry and spread the virus. Please be vigilant and do your part to keep our communities safe.

The TNCEMT would like to remind everyone to remain diligent and ensure only verifiable information is shared. We all understand the damage that false information can have.

ENDS