

December 27, 2021

TAHLTAN NATION COVID-19 EMERGENCY MANAGEMENT UPDATE

The Tahltan Nation COVID-19 Emergency Management Team (TNCEMT) met today and would like to inform the Tahltan Nation that **19** individuals have been confirmed positive for COVID-19. We expect this number to rise.

As you all know, vaccines are still the best defense against COVID. However, although vaccinated people may be more protected, in some cases vaccinated people can get and spread the new COVID variant.

While the symptoms of those catching the new variant are mild for some, that does not mean it will be mild for everyone. Our Elders and those with pre-existing conditions – your family members including your mom and dad or your grandfather or grandmother – are and will remain at risk of serious illness or worse.

To get this under control and limit the number of positive cases and risk of serious illness and/or death, everyone in Tahltan Territory needs to pull together and commit to the following effective immediately:

- **Wear mask** - masks are mandatory inside all community/public spaces; masks should be made of three layers of fabric (or 2 layers and a filter) and worn over the mouth and nose.
- **Limit number of times you go to high traffic** areas such as the store or post office; and make sure to perform hand hygiene often;
- **Limit your Movements and Remain within your personal bubble**, unless you must go to work or you are going onto the land to exercise with those in your household (people you live with); avoid non-essential travel (masks, sanitizing and six feet distancing) if outside of your bubble. **Do not visit other communities;**
- **Feeling unwell, stay home:** If you have the slightest of symptoms (runny nose, fever, cough, flu-like symptoms) stay home and contact the local health centre or EMC for a PCR test. Antigen tests cannot be used on community members who are already showing symptoms.
- ***** If you have been in direct contact with anyone who has tested positive or is a confirmed positive you must self-isolate and self-monitor for 14 DAYS. If you are employed in Territory, you must self-isolate and self-monitor for 14 DAYS. If you are employed outside of Territory or on-site in Territory, please contact your employer for direction. *****

ENDS