

January 10, 2022

## **TAHLTAN NATION COVID-19 EMERGENCY MANAGEMENT UPDATE**

The Tahltan Nation COVID-19 Emergency Management Team (TNCEMT) met today and would like to inform the Tahltan Nation that we have **14** cases of COVID-19. We are pleased to inform you that 39 cases have recovered and of these 39 cases nobody required hospitalization.

Please be advised of the following important update to our protocols:

**If you have been in direct contact with anyone who has tested positive or is a confirmed positive you must self-isolate and self-monitor for 10 DAYS. If you are employed in Territory, you must self-isolate and self-monitor for 10 DAYS. If you are employed outside of Territory or on-site in Territory, please contact your employer for direction.**

The following protocols remain in place:

**To get this under control and limit the number of positive cases and risk of serious illness and/or death, everyone in Tahltan Territory needs to pull together and commit to the following effective immediately:**

- **Wear mask** - masks are mandatory inside all community/public spaces; masks should be made of three layers of fabric (or 2 layers and a filter) and worn over the mouth and nose.
- **Limit number of times you go to high traffic** areas such as the store or post office; and make sure to perform hand hygiene often;
- **Limit your Movements and Remain within your personal bubble**, unless you must go to work or you are going onto the land to exercise with those in your household (people you live with); avoid non-essential travel (masks, sanitizing and six feet distancing) if outside of your bubble. **Do not visit other communities;**
- **Feeling unwell, stay home:** If you have the slightest of symptoms (runny nose, fever, cough, flu-like symptoms) stay home and contact the local health centre or EMC for a PCR test. Antigen tests cannot be used on community members who are already showing symptoms.

ENDS